

# Support Your Local Senior Citizens Today!

You can show your support by:

1. **DONATING** - Monetary contributions can help seniors receive home support, meals, transportation, shelter, etc.
2. **VOLUNTEERING** - There are many volunteer opportunities available such as: visiting a senior in their home, helping them with minor chores or taking them to appointments.

To **donate** please visit [www.chesco.org/aging](http://www.chesco.org/aging) and click on the Sponsor a Senior Citizen link.

To **volunteer** please call 610-344-4546 or email [lmcmillan@chesco.org](mailto:lmcmillan@chesco.org).



Sponsor a Senior Citizen